

## Border Spat A&S Class Schedule and Descriptions

Time	Classroom #	Classroom #	Classroom#
10:00	Period Breast Support Lady Constance of Caldrithig	Scriptorium	
11:00		Scriptorium	Combat Archery Discussion
12:00	Lunch	Lunch	Lunch
1:00	Multicolour Lucet Cording Lucie Peltiere	Scriptorium	Romani: An Introduction to Gypsy Persona Lady Pesha
2:00	Multicolour Lucet Cording Lucie Peltiere	Scriptorium	Eating Off-Board in Period Style Lady Marina Anastasia Ozeroski
3:00	Beginning Middle Eastern Dance Lady Pesha (Gypsy)	Scriptorium	
4:00		Scriptorium	Decorations by Hand: Embroidery and You Lady Marina Anastasia Ozeroski

### Descriptions

#### Beginning Middle Eastern Dance - Lady Pesha

Come learn basic Middle Eastern dance moves with Gypsy! Come join us as we play, whether you hear the call of the drums at events and want to join the dancers around the fire or you are looking for a fun way to get the blood moving by yourself. This will be a private class for those who are shy.

#### Combat Archery Discussion Q&A - Lord John Williams

An informal question and answer discussion on Combat Archery. Please note the discussion will primarily be in French.

#### Decorations by Hand: Embroidery and You - Lady Marina Anastasia Ozeroski

Learn some basic embroidery stitches which you can then apply to decorating your garb. Some basic sewing experience is an asset. If you have an embroidery hoop please bring it. Limit: 10 people Materials fee: \$3-5

### **Eating Off-Board in Period Style - Lady Marina Anastasia Ozeroski**

Feast is sold out and you want to eat off board. Ideas for making your off board experience more period. This class will give you ideas of how to make your off board experience more period. A great opportunity for anyone interested in medieval cooking and foods.

### **Multicolour Lucet Cording 2 hrs - Instructor: Lucie Peltiere**

In period, lucets were used to make strong, non-elastic laces, garters and drawstrings. Cords could be plain or fancy, silk, linen, or wool. Come explore fancy cord making in more than one colour using a lucet. I have a collection of different historical lucets from Viking museum reproductions to Victorian bone dainties for you to try. All materials and instructions provided. Do bring your own lucet if you have one. Some lucets available for sale.

\$2 supplies and instructions. Open to adults & older children.  
Max. approx. 15 students

### **Period Breast Support - Instructor: Lady Constance of Caldrithig**

This hour long class will discuss and demonstrate several plausibly period methods of breast support. Learn what evidence is available, the benefits and draw-backs of using a period method.

Not recommended for minors as there may be toplessness. All adults are welcome, though the teacher reserves the right to eject persons from the class for disrespectful or disruptive behaviour.

### **Romani: An Introduction to Gypsy Persona - Lady Pesha**

Do you want to play a Gypsy persona but don't know where to start? Come learn about my experiences playing a Romani (Gypsy) persona, learn to avoid some of the pitfalls, and discover the fun of portraying this fascinating and colourful peoples.